

6²⁵ And when they found Him on the other side of the sea, they said to Him, “Rabbi, when did You get here?”

26 Jesus answered them, “Amen, amen, I tell you, you’re looking for Me, not because you saw the miraculous signs, but because you ate the bread and were satisfied. ²⁷ Do not work for the food that perishes, but for the food that endures to eternal life, which the Son of Man will give you, because God the Father has set His seal, of approval on Him.”

28 So they said to Him, “What shall we do so that we may perform the works of God’?”

29 In reply Jesus told them, “This is the work of God, that you believe in the One whom He has sent.”

30 So they said to Him, “Then what miraculous sign are You going to do so we may see and believe You? What are You going to perform? ³¹ Our forefathers ate the manna in the desert, just as it is written: ‘He gave them bread from Heaven to eat.’”

32 So Jesus said to them, “Amen, amen, I tell you, it was not Moses who gave you **the bread from Heaven**; but it is My Father who gives you the true bread from Heaven. ³³ For **the Bread of God is the One who came down from Heaven and gives life to the world.**”

34 Then they said to Him, “Sir, give us this bread always!”

35 **“I am the Bread of Life.”** Jesus told them. “Whoever comes to Me will never be hungry and whoever believes in Me will never, ever be thirsty. ³⁶ But, as I told you, you’ve seen Me and yet don’t believe. ³⁷ All that the Father gives Me will come to Me, and the one who comes to Me I will never cast out. ³⁸ For I have come down from Heaven, not to do My will, but the will of the One who sent Me. ³⁹ Now this is the will of the Father who sent Me, that I shall lose none of all that He has given Me, but shall raise him up on the last day. ⁴⁰ And this is the will of Him who sent Me, that everyone who sees the Son and believes in Him shall have eternal life, and I will raise him up on the last day.”

⁴¹ Then the Judeans started grumbling about Him,
because He said, “I am the Bread that came down from Heaven.”